

Invocation to Patañjali

योगेन चित्तस्य पदेना वाचां

yogena cittasya padena vacām
by yoga of the mind, by the book of speech,

मलं शरीरस्य च वैद्यकेन

malaṁ śarīrasya ca vaidyakena
the ills, of the body and by medicine,

योऽपाकरोत्तं प्रवरं मुनीनाम

yo 'pākarottam̐ pravaram̐ munīnām
who removed, that one the best of the sages

पतञ्जलिं प्राञ्जलिरानतोऽस्मि

patañjalim̐ prāñjalir anato 'smi
to Patañjali, hands joined, bowing, I

आबाहु पुरुषकारं

ābāhu puruṣākāram̐
as far as the arms, a person, the form of

शङ्खचक्रासि धारिणम

śaṅkha-cakrāsi dhāriṇam
a conch, disk, sword holding

सहस्र शिरसं श्वेतं

sahasra śirasam̐ śvetam̐
thousand-headed white [cobra]

प्रणमामि पतञ्जलिं

praṇamāmi patañjalim̐
I bow to Patañjali

*With hands joined, I bow to Patañjali,
that best of sages who removed
the ills of the mind through yoga, the ills of speech by means of grammar,
and the ills of the body with medicine.*

*As far as the arms [his upper body], the form of a person,
holding a conch, a disk, and a sword,
[on his head] a cobra with a thousand heads,
I bow to Patañjali.*